



CLINICAL & COUNSELLING SUPERVISION SERVICES

Clinical & Counselling Supervision Services

We can provide both individual practitioners and other organisations with Clinical or Counselling Supervision Services. Supervision is extremely important in the psychotherapy and counselling professions for trainees, newly qualified practitioners and experienced and/or accredited therapists.

In the interests of clients and therapists alike, most professional bodies for psychotherapy and counselling (e.g. COSCA, BABCP, HCPC, UKCP, BACP etc.) require members to incorporate regular Clinical Supervision into their clinical practice. Supervision is a professional service, rather than a managerial role. Supervision can be individual or in groups.

There is now an expectation that therapists engage in regular Clinical Supervision to develop and maintain high standards of clinical and professional practice.

- We currently provide Clinical Supervision to both trainee and qualified/accredited therapists. We can also provide clinical supervision to non-therapists too e.g. those in support roles, teaching, wellbeing services etc.
- Appointments are arranged by you and your Clinical Supervisor and last 50-55 minutes, although 'double' appointments are also possible
- Appointments are paid at the end of the session.
- Takes place at our office in Glasgow city centre or on online.
- We can also provide support and supervision groups to other organisations – this can be a cost-effective way of offering support and supervision to your staff
- Please get in touch if you have any questions or require any further information.